NCS⁴ ONILINE FORUM SERIES

THURSDAY, JULY 30 2 P.M. CDT

DISINFECTING FOR CORONAVIRUS AND OTHER CONTAGIONS

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DISINFECTION OVERVIEW

Understanding the basics of COVID-19 disinfection

- Disinfection Basics
 - Definition of disinfection
 - Types of microorganisms
 - Levels of Microbial Kill: Cleaners vs. Sanitizers vs. Disinfectants vs. Sterilants
 - Important disinfectant parameters
 - o U.S. EPA regulation of disinfectants
 - $\circ~$ Types of disinfectants and application methods
- Disinfection of the SARS-CoV-2 virus.
 - The SARS-CoV-2 virus Structure, Persistence, and Transmission.
- Planning Disinfection Operations
 - $\circ~$ The planning process
 - $\circ~$ Important properties of an ideal disinfectant.
- Disinfection Application Methods
- Summary



DISINFECTION DEFINITION

What is disinfection?

- A process that eliminates many or all pathogenic microorganisms, except bacterial spores, on <u>inanimate</u> objects (US CDC).
- Can utilize physical or chemical processes.
 - $\circ\,$ Physical Process Examples UV Light, Heat
 - Chemical Process Examples Chlorine Bleach, Hydrogen Peroxide
- The effectiveness can be dependent on many factors.
 - $\circ\,$ prior cleaning of the object (in some cases);
 - $\circ\,$ organic and inorganic load present;
 - $\circ\,$ type and level of microbial contamination;
 - \circ physical nature of the object (e.g., porous vs. non-porous);
 - parameters of the disinfection process (time, temperature, disinfectant concentration, etc.);

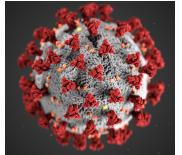




TYPES OF MICROORGANISMS

There are many types of disease-causing organisms

Resistance to Kill/Inactivation

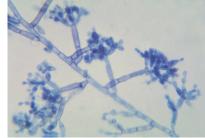


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<u>Viruses</u> • Common Cold • Influenza

Measles

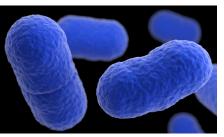
COVID-19



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<u>Fungi (Mold)</u>

- Yeast Infections
- Ringworm
- Athletes Foot
- Aspergillosis



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<u>Bacteria</u>

- Strep Throat
- Tuberculosis
- Bubonic Plague
- Food Poisoning



Bacterial Spores

- Anthrax
- Botulism
- Tetanus
- Colitis

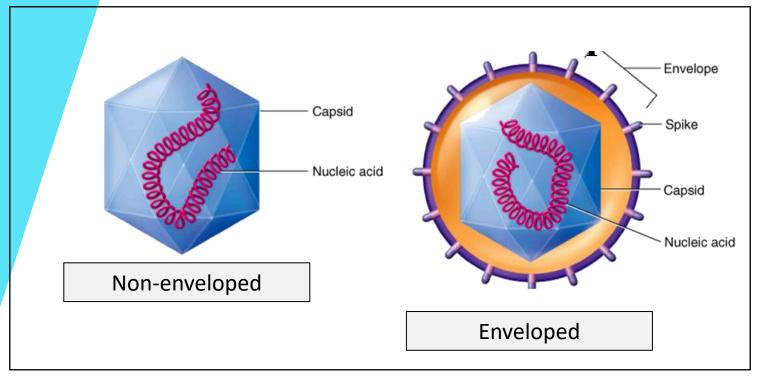


Other infectious agents (i.e., pathogens) include protozoa and prions.



OVERVIEW OF VIRUSES

All viruses are not the same!



Structural Differences in Viruses

- Enveloped vs. Non-enveloped
- DNA vs. RNA
- Many other differences

Viruses are not living organisms. They require a host to replicate.

Image from: Nekhai, S., Virus Structure, howard.edu



SARS-CoV-2 is an enveloped, RNA virus.



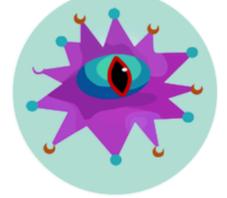
LEVELS OF MICROBIAL KILL

Cleaners, Sanitizers, Disinfectants & Sterilants





Cleaner Aids in removing soil from a surface. Removes germs, but does not kill them.



Sanitizer Lowers number of bacteria on a surface. Usually used in food service environments.



Kills infectious fungi, bacteria and viruses, but not necessarily resistant bacterial spores. High

Sterilant Used for destroying all living microorganisms by physical or chemical means

https://www.alco-chem.com/



There are significant difference between these products.

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MPORTANT DISINFECTION PARAMETERS

Efficacy - Contact Time - Application Rate - Soil Load

- Efficacy the level of kill or reduction of pathogens for a disinfectant. It is usually expressed as a percent (i.e., Kills 99.9% of bacteria) or as Log kill (i.e., a 3 Log reduction).
- Contact Time the time a disinfectant must be in contact with pathogens to achieve the desired level of kill.
- Application Rate the amount (in weight or volume) of disinfectant that should be used per area (for a surface) or volume (for a space) - i.e., gallons/cubic feet
- Soil Load organic matter, soil, or bodily fluids which often interfere with the performance of a disinfectant.
- Environmental Factors temperature, relative humidity, etc.





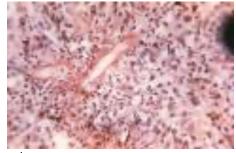
EFFICACY OF DISINFECTANTS

Log Kill Explained!

- When disinfecting surfaces or objects we are dealing with very large numbers of microorganisms.
- There may be millions of bacteria or viruses on a surface.
- So we need a convenient way of dealing with these large numbers and a large range of numbers.
- To describe the kill level of a disinfectant we often use the log scale.



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LOG SCALE

A way to deal with numbers over a large range in a compact way

	Number	Multiplication	Log ₁₀	
	1	1	0	
	10	10	1	The Richter scale and
Log ₁₀ 100 = 2	100	10 x 10	2	the pH scale are examples of the use of
	1000	10 x 10 x 10	3	a log scale.
	10,000	10 x 10 x 10 x 10	4	
	100,000	10 x 10 x 10 x 10 x 10	5	
	1,000,000	10 x 10 x 10 x 10 x 10 x 10	6	Log ₁₀ 400,000 = 5.6

The log scale is used in microbiology because we deal with a very large range of numbers to describe the efficacy of a disinfectant.





EFFICACY OF DISINFECTANTS

Log Kill Explained!

			Percent Kill	Log Kill	Remaining Viruses (Starting with 1,000,000)	Remaining Viruses (Starting with 10 ⁶)	Log Remaining Viruses Starting with 6 Log)
			0	0	1,000,000	10 ⁶	6
Efficacy	/ of a		90	1	100,000	10 ⁵	5
Disinfe			99	2	10,000	104	4
			99.9	3	1,000	10 ³	3
		\backslash	99.99	4	100	10 ²	2
			99.999	5	10	10 ¹	1
		\backslash	99.9999	6	1	10 ⁰	0

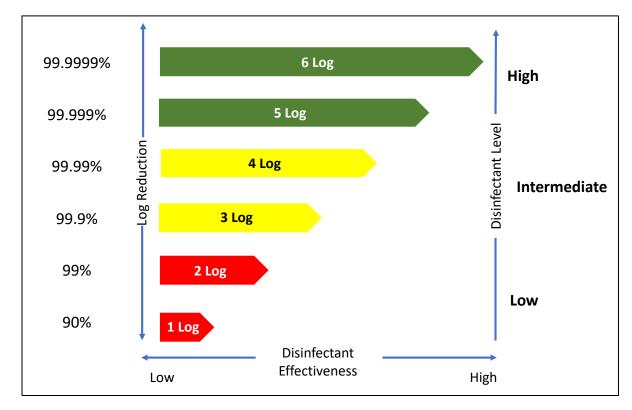
The efficacy of a disinfectant can be expressed as a percent or as log kill.



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EFFICACY OF DISINFECTANTS

High, Intermediate, and Low Level Disinfectants



A more effective disinfectant has a higher log kill (or log reduction) - But there may be tradeoffs.





SOIL/ORGANIC LOADING

The big difference between Laboratory Testing and the Real World!

- Almost all environmental surfaces have dirt, grease, or grime.
- These materials often <u>inactivate</u> chemical disinfectants making them less effective (or even ineffective).
- In addition, viruses and bacteria may be surrounded by bodily fluids (e.g., saliva, nasal mucous, etc.) which may protect them from disinfectants (e.g., SARS-CoV-2)
- This is a primary reason why bacteria and viruses may survive a disinfection process and cause future infections.
- Many disinfectants may require a <u>cleaning step</u> prior to use.

Some disinfectants can pass lab testing but fail in real world use because of the soil/organic load or the presence of bodily fluids!



Bacteria Kill Test vs Chlorine Bleach

Soil Load	Log Kill
None	>6
0.5%	0.3-1.9
1.0%	0.5-1.4

Bloomfield et al., 1991



Disinfectants are regulated by the U.S. EPA

- All disinfectants must be registered with the U.S. Environmental Protection Agency (EPA) under the Federal Insecticide, Fungicide and Rodenticide Act (FIFRA).
- A company selling a disinfectant must submit stringent laboratory testing results <u>for the specific pathogen</u> to be registered under FIFRA.
- FIFRA regulates <u>label claims</u> i.e., "Kills 99.9% of bacteria".
- Disinfectants regulated by the EPA are for inanimate objects products applied to humans are regulated by the FDA.
- All disinfectants that meet EPA's criteria for use against SARS-CoV-2 are on the U.S. EPA List N.



Disinfectants for SARS-CoV-2 - the EPA List N

- The U.S. EPA List N contains a list of disinfectants for SARS-CoV-2.
- There are three ways a disinfectant can be on the list:
 - Demonstrated efficacy against SARS-CoV-2 (COVID-19);
 - Demonstrated efficacy against a virus that is harder to kill than SARS-CoV-2 (COVID-19); or
 - Demonstrated efficacy against another type of human coronavirus similar to SARS-CoV-2 (COVID-19).
- Disinfectants on the EPA List N are not guaranteed to inactivate SARS-CoV-2. Many are on this list because they are effective against similar or harder-to-kill viruses.
- The EPA List N only contains chemical surface disinfectants hand sanitizers, antiseptic washes, and antibacterial soaps are regulated by the FDA.
- Website: https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-againstsars-cov-2-covid-19

From the website: "EPA expects all products on List N to be effective against SARS-CoV-2 when used according to label directions."



The EPA-Approved Label for disinfectants includes...

- EPA Registration Number
- Information about the efficacy of the disinfectant (i.e., claims)
 - $\,\circ\,$ Bacteria, Viruses, Fungi, and other organisms that it can be used against;
 - Level of kill (i.e., efficacy) information for registered microorganisms;
- How to safely handle and use the disinfectant.
 - \circ Ingredients
 - \circ Safety/Hazard Information
 - $\,\circ\,$ Directions for Use (i.e., how to apply it)
 - $\circ\,$ And more...
- The label can be found directly on or attached to a disinfectant or its packaging.
- EPA Registration Website: https://iaspub.epa.gov/apex/pesticides/f?p=PPLS:1



EPA-Approved disinfectants are for hard, non-porous surfaces

- Hard, Non-porous Surface Examples: Stainless Steel and Other Metals, Glass, Plastics, Varnished Wood.
- Soft, Porous Surface Examples (non-launderable): Carpet, Furniture Upholstery
- The EPA does not allow disinfectants to make a claim for soft, porous surfaces -CONFUSING?
- Instead these surfaces should be cleaned or sanitized which will reduce the level of most pathogens
 - The EPA does allow Soft Surface Sanitizer claims (kills 99.9% of bacteria) mostly for use in healthcare facilities
 - Not up to disinfectant standards but still reduces the level of pathogens
 - $\circ~$ The EPA List N shows the type of surface the disinfectant can be used on
- There are EPA-approved products for soft, launderable items (e.g., clothing, aprons, etc.)

Soft, porous surfaces don't transmit pathogens as easily - so cleaning and/or sanitizing will likely reduce the spread of germs.



Disinfection of food contact surfaces

- There are special requirements for disinfection of food contact surfaces.
 - \circ Countertops
 - \circ Utensils/Dishes
 - Food Preparation Surfaces
 - o Beverage Equipment
- Many disinfectants require a pre-cleaning step before use on food contact surfaces.
- Some disinfectants require a rinsing step after use on a food contact surface to remove residuals.
- Instructions in the disinfectant label will inform the user if food contact surfaces must be pre-cleaned or rinsed.





TYPES OF DISINFECTANTS

Chemical vs. Physical Disinfectant Processes

CHEMICALS

- Liquids (usually in aqueous solutions sometimes are sold as solids/powders)
 - Chlorine Bleach
 - \circ Hydrogen Peroxide
 - o Ethyl Alcohol
- Gases

Our Topic

- \circ Ozone
- Chlorine Dioxide

Gases are not on EPA List N.

PHYSICAL

- UV Light
- Heat
- Heat/Steam (Autoclave)
- Sonic
- Radiation

Physical processes are considered devices and are not on the EPA List N for COVID-19.

The focus is on liquid chemical disinfectants since these are on the EPA List N.

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TYPES OF DISINFECTANTS Classes of Chemical Disinfectants (Part 1)

Class	Alcohols	Aldehydes	Chlorine Compounds	Iodophors
Examples	Ethyl Alcohol Isopropyl Alcohol	Formaldehyde Glutaraldehyde	Sodium hypochlorite Hypochlorous acid	Providone-Iodine
Disinfectant Level	Intermediate	Intermediate to High	Intermediate to High	Intermediate to High
Advantages	Low toxicity	Broad spectrumNoncorrosive	Broad spectrumFast acting	Broad spectrumFast acting
Disadvantages	 Flammable Fast evaporation Corrosive to some materials Inactivated by organic load Not effective against some viruses 	 Toxic (Carcinogen) Irritating fumes and odors Slow acting Affected by pH and temperature Inactivated by organic load, hard water, soaps, detergents 	 Corrosive Inactivated by organic load Can form toxic byproducts with other materials Some toxicity 	 Corrosive Stains some materials Requires frequent reapplication Inactivated by organic load



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Disinfectants have advantages and disadvantages that must be evaluated.



TYPES OF DISINFECTANTS

Classes of Chemical Disinfectants (Part 2)

Class	Peroxygen Compounds	Phenols	Quaternary Ammonium Compounds	Combination (Peroxygen + Detergents)
Examples	Hydrogen Peroxide Peracetic Acid	ortho-phenylphenol orthobenzylpara- chlorophenol	benzalkonium chloride alkyldimethyl ammonium chloride	Peroxide + PAA + Detergents Peroxide + Detergents
Disinfectant Level	Intermediate to High	Low to Intermediate	Low to Intermediate	High
Advantages	Low toxicityFast actingBroad spectrum	 Broad spectrum Mostly noncorrosive Active in organics 	 Broad spectrum Noncorrosive (except to some metals) 	 Broad spectrum Active with organic loads No pre-cleaning required
Disadvantages	 Mild corrosivity Inactivated by heavier organic loads (highly variable depending on compound) 	 Some skin/eye irritation Some damage to rubber and plastics Toxic to some animals 	 Inactivated by organic load, hard water, soaps, detergents Some irritation to skin, eyes, and respiratory tract 	 Higher cost due to more ingredients May require more preparation before use

Disinfectants have advantages and disadvantages that must be evaluated.





APPLICATION METHODS

The application method for disinfectants is important Application Methods of Disinfectants on the EPA List N

- Spray (including electrostatic spray)
- Fog
- Mist
- Wipe (including impregnated wipes)
- Vapor
- Pressurized Liquid

The disinfectant must actually contact the virus to work!

A disinfectant will not work if it is applied incorrectly. The application method for a disinfectant is shown on the label.



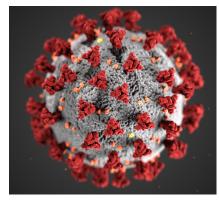


THE SARS-COV-2 VIRUS

Basic facts about SARS-CoV-2

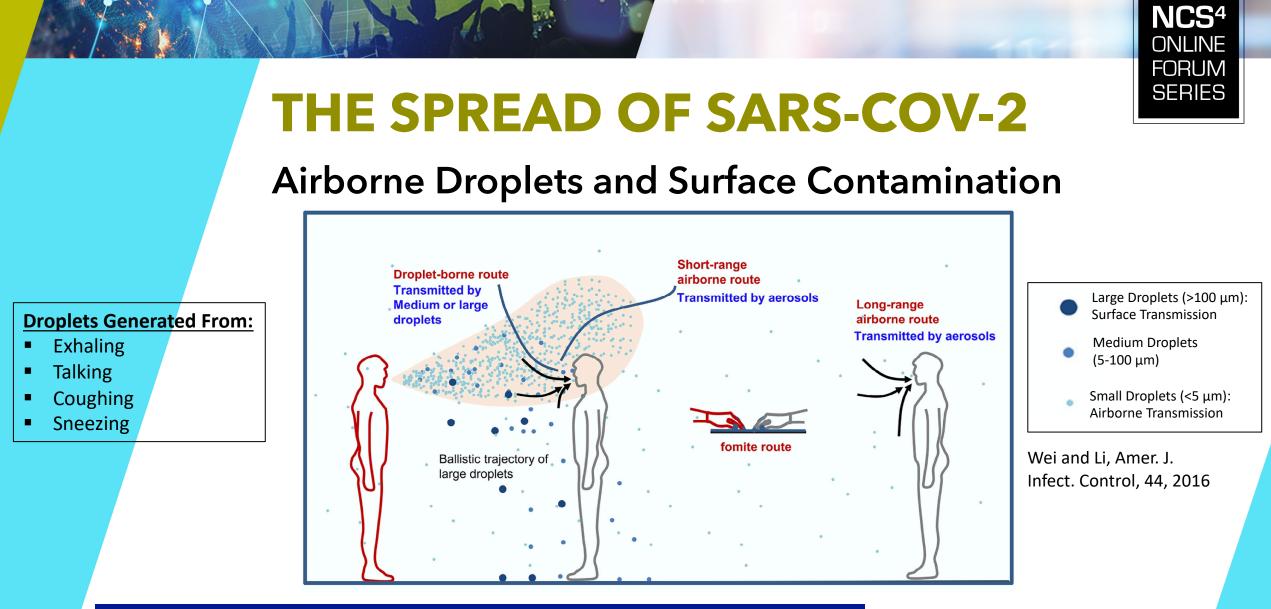
- Coronaviruses are a large family of viruses that can cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV).
- SARS-CoV-2 is a new strain that has not been previously identified in humans.
- Many coronaviruses naturally infect animals, but some can also infect humans.
- Coronaviruses are thought to spread through the air by coughing/sneezing and close personal contact, or by touching contaminated objects or surfaces and then touching your mouth, nose, or eyes.
- SARS-CoV-2 is a small, enveloped, RNA virus.

Although viruses, in theory, are not difficult to disinfect - SARS-CoV-2 can be challenging.



cdc.gov

RNA viruses are especially dangerous because they can mutate.



The small droplets may stay airborne for many minutes while the larger droplets fall to surfaces.



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The number of droplets generated from expiratory activity

Activity	Number of Droplets (1-1000 μm)*	These droplets may contain
Normal Breathing	~0	large numbers
Talking Loudly (for five minutes)	3000 - 4000	of viruses.
Single Cough	3000 - 4000	Other studies have shown
Single Sneeze	30,000 - 40,000	greater numbers of droplets

*Atkinson et al., Natural Ventilation for Infection Control in Healthcare Settings, WHO, 2009.

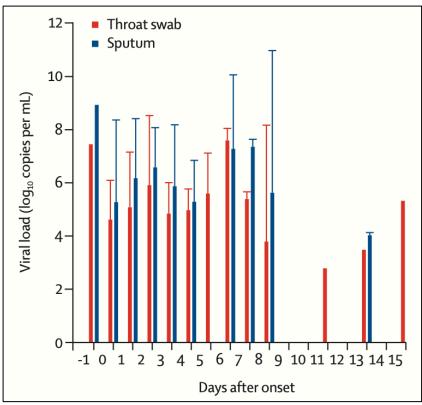
This is the typical way most respiratory diseases are spread - why is SARS-CoV-2 different?





SARS-CoV-2 has a very high viral load

A large number of these viruses are in the upper respiratory tract.



Results from mathematical analyses and research studies have shown that as many as 200,000,000 SARS-CoV-2 viruses may be expelled during a single sneeze. This high number of viruses can overwhelm a lower level disinfectant.

Cough and sneeze droplets contain viruses and bodily fluids (e.g., saliva and nasal mucous).

Pan et al.,

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7128099/pdf/main.pdf

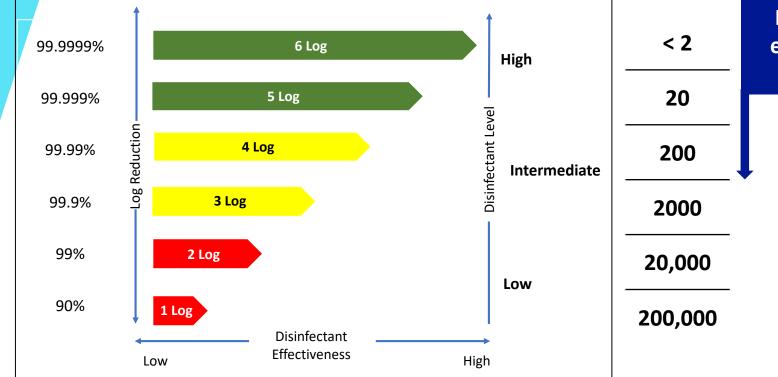
This high viral load in the upper respiratory tract may lead to many more viruses on a surface as compared to other respiratory illnesses.







Disinfection effectiveness with a high viral load



Remaining viruses at each efficacy level (starting with 2,000,000 viruses).

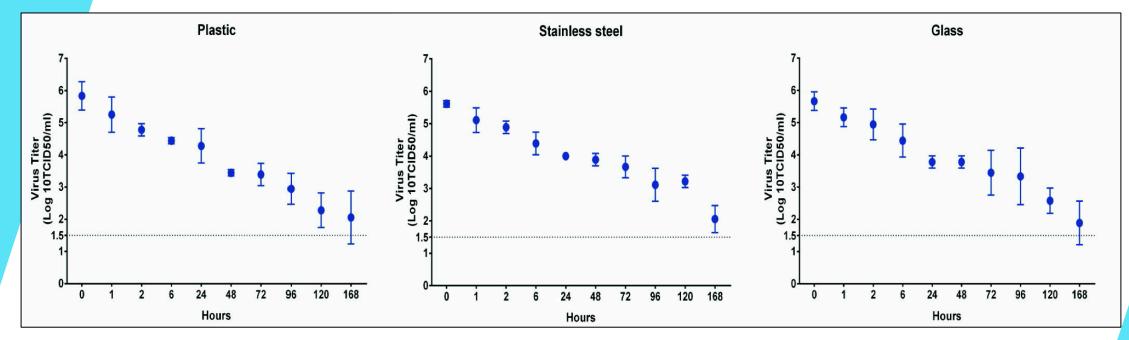
> The infectious dose of SARS-CoV-2 is thought to be around 1000 viruses. This can come from more than one breath or more than one droplet

The combination of a high viral load and low disinfection efficacy could result in a person receiving more than the infectious dose.





SARS-CoV-2 on surfaces is likely protected by bodily fluids



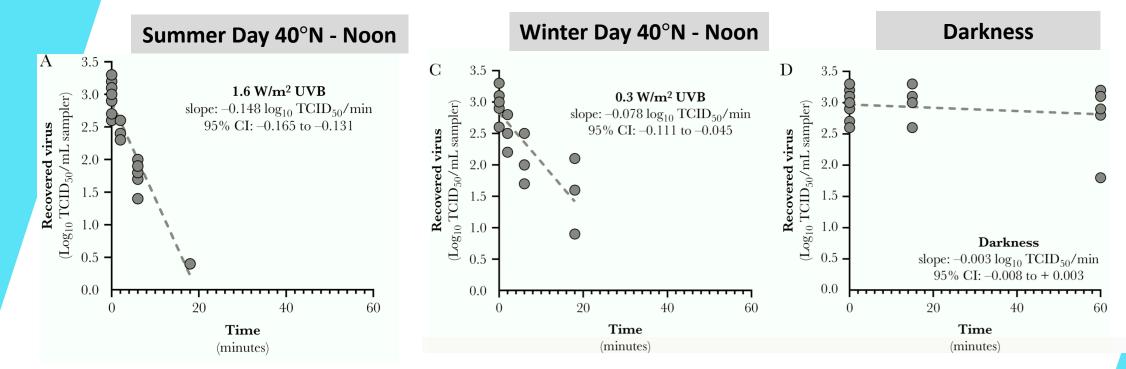
Liu et al., MedRxiv, May 2020.

Persistence of SARS-CoV-2 on surfaces for days is likely on transmission mode for COVID-19 which suggests that disinfection is important.





SARS-CoV-2 is killed by direct sunlight - but time is required



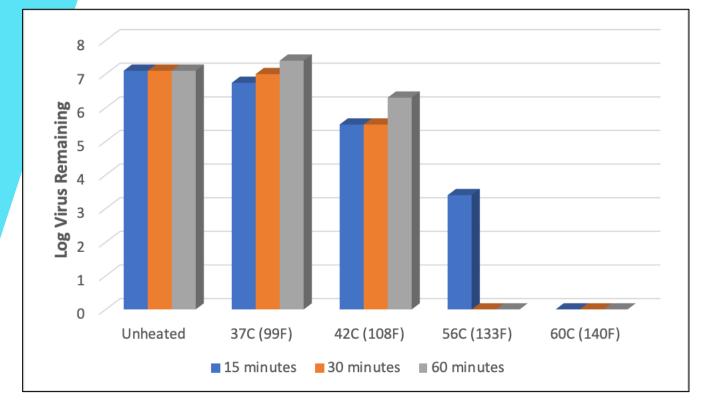
Ratnesar-Shumate et al. J. Infect. Diseases, 222(2), 2020

SARS-CoV-2 will likely survive in low levels of sunlight and in shaded areas.

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Heat Inactivation of SARS-CoV-2



The combination of heat and relative humidity is not very effective at killing SARS-CoV-2 unless the heat is above 130°F with a 30 minute exposure.

Faster kill (15 minutes or less) requires a temperature of 140°F.

Wang et al.,

https://www.medrxiv.org/content/10.1101/2 020.04.29.20085498v1.full.pdf



Heat + humidity is not a very practical way to kill the SARS-CoV-2 virus.



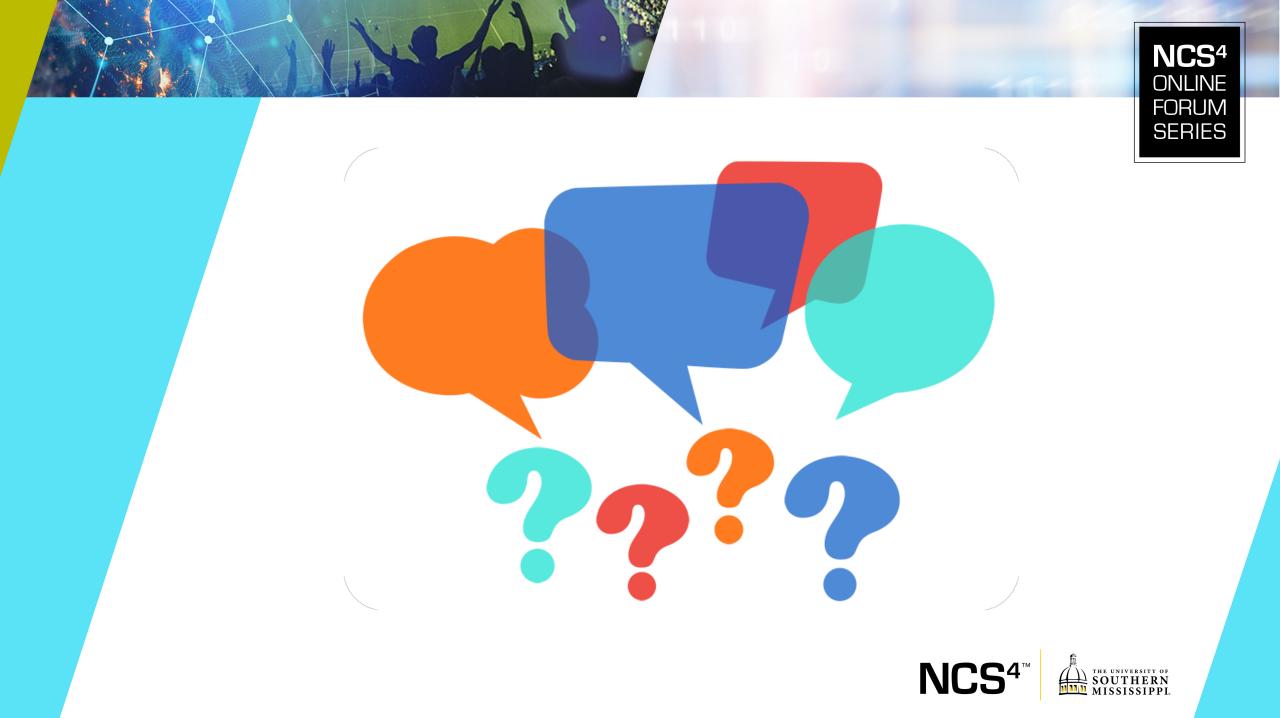
DISINFECTION OF SARS-COV-2

There is a strong case that surface disinfection is needed because...

- High viral loads may leave dangerous, infectious levels of viruses on surfaces from sneezes or coughs.
- Viruses may survive on surfaces for many hours or days.
- Sunlight (e.g., UV light) will only kill the virus under certain circumstances (i.e., direct and high intensity).
- Heat + Humidity will only kill viruses in a short period of time (e.g., thirty minutes or less) at high temperatures (140°F or greater).

Surface Disinfection = Disinfectant + Application Method





Process for selecting a disinfectant and application method

- 1. Identify an expert or experts
- 2. Conduct Facility Evaluation (Break facility into units where disinfection operations will be similar)
- 3. Design Disinfection Operations for Each Facility Unit
- 4. Identify Disinfection Operations Personnel
- 5. Conduct Disinfection Operations and Update Plans



Process for selecting a disinfectant and application method

STEP 1

- 1. Identify an Expert or Exports
 - a. Staff (person with expertise or who is willing to learn or be trained)
 - b. Consultant (person with experience in disinfectants and disinfection operations)
 - c. Reputable Company
 - Expertise in this area
 - References (similar projects)
 - Willing to train personnel



Process for selecting a disinfectant and application method <u>STEP 2</u>

- 2. Conduct Facility Evaluation
 - a. Goal: Divide the facility into units where disinfection operations will be similar
 - b. Outdoor vs. Enclosed vs. Semi-enclosed
 - c. High traffic areas vs. low traffic areas (e.g., number of personnel and proximity)
 - d. High touch points (hand rails, payment devices, escalator rails, elevator buttons, etc.)
 - e. Public vs. non-public areas
 - f. Frequency of use (i.e., Daily Use vs. Game Day Use)
 - g. Types of Use: Locker rooms, Food preparation areas, others
 - h. Material/surface types
 - i. Organic/soil loading



Process for selecting a disinfectant and application method <u>STEP 3</u>

- 3. Design Disinfection Operations
 - a. For each facility unit type
 - b. Disinfectant
 - Efficacy (with and without soil/organic loading)
 - Toxicity/Corrosivity
 - Other parameters
 - c. Frequency of disinfection
 - d. Application method (for general area and touch points)

It is possible that the same disinfectant may be used in all units but other operational parameters may be different.



Input from experts is critical for this step!

Avoid the "one size fits all" approach.

Process for selecting a disinfectant and application method STEP 4

- 4. Identify Disinfection Operations Personnel
 - a. Facility Staff
 - Identify training needs & conduct training
 - Determine if additional staff are needed
 - b. Contractor (e.g., company supplying disinfectant)
 - c. Combination
 - Facility Staff + Contractors
 - Identify areas of responsibility



DISINFECTION PLANNING

Process for selecting a disinfectant and application method

STEP 5

- 5. Conduct Disinfection Operations
 - a. Follow disinfection plan for each facility unit
 - b. Acquire/maintain necessary materials
 - c. Monitor operations (especially if conducted by recently trained personnel)
 - d. Re-evaluate Re-assess Update plans if necessary

The COVID-19 situation is dynamic – the disinfection plan should also be dynamic!



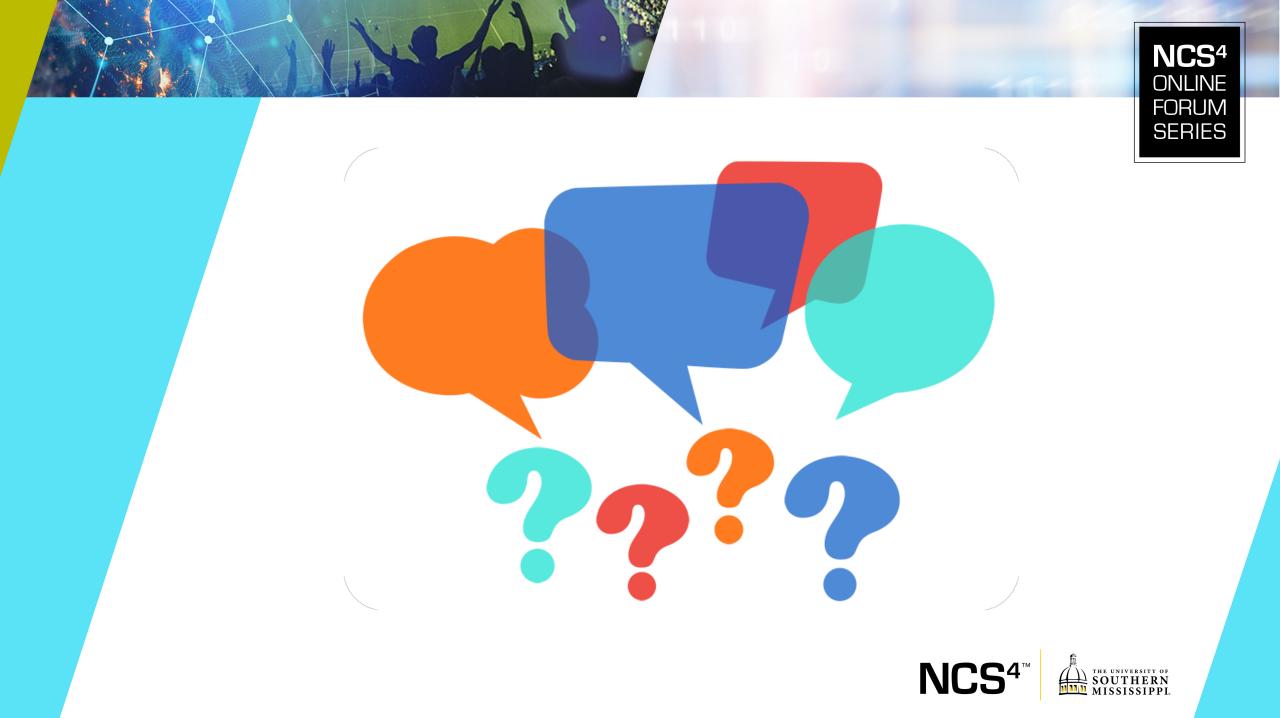


AN IDEAL DISINFECTANT

Properties of an ideal disinfectant for SARS-CoV-2

- Can kill/inactivate a broad spectrum of microorganisms with high efficacy.
- Works in intended area (enclosed space, semi-enclosed space, outdoors, etc.)
- Remains effective in heavy organic or soil loads or bodily fluids.
- Can overcome biofilms (for some situations).
- Performance not inhibited by bacterial resistance or virus mutations.
- Easy to use, provides for minimal disruption of operations, and economical.
- Has low toxicity and corrosivity properties.
- Multiple application methods to adopt to any situation.
- Can reach hidden areas (e.g., HVAC) where pathogens may reside.
- Must have regulatory approval.





APPLICATION METHODS

How to determine the best application method(s) for your facility

Overall size of the facility

- Occupancy
- Unique features within the facility
- Hard to reach areas



Cold Fogging

- An efficient method of evenly distributing disinfectant to surfaces in a wide range of environments.
- Effective in hard to reach areas
- Can be used through ventilation systems









Electrostatic Spraying

An efficient method of evenly distributing disinfectant to surfaces in a wide range of environments
Effective in hard to reach areas

•Can be used through ventilation systems







Spraying

Spraying applications can range from handheld spray bottles, gravity fed backpack sprayers to air or electric broad area sprayers. While spraying utilizes much more disinfectant than cold fogging or electrostatic spraying, it is important for gross contamination disinfection.







Wiping

Whether using a microporous cloth or a mop, disinfecting surfaces using these methods is time consuming and generally less ideal for large area disinfection. However, wiping methods can be done during hours of operation when facilities are occupied.







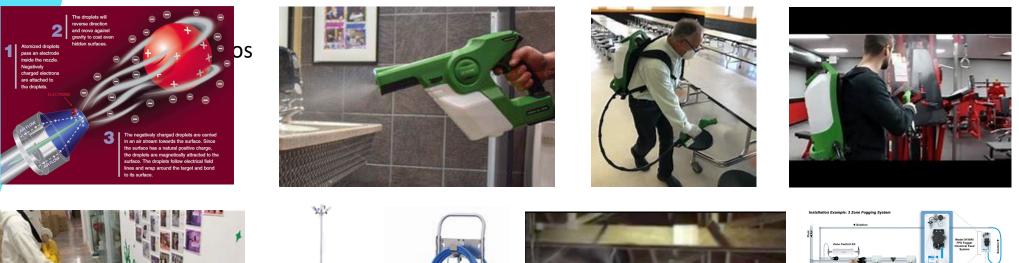
Application Equipment

- Handheld: Sprayers, Foggers, Electrostatic Sprayers
- Backpack: Sprayers, Foggers, Electrostatic Sprayers
- Mobile Portable: Cart Foggers, Aeroclave Systems
- Fixed Facility: Engineered Systems





Application Equipment















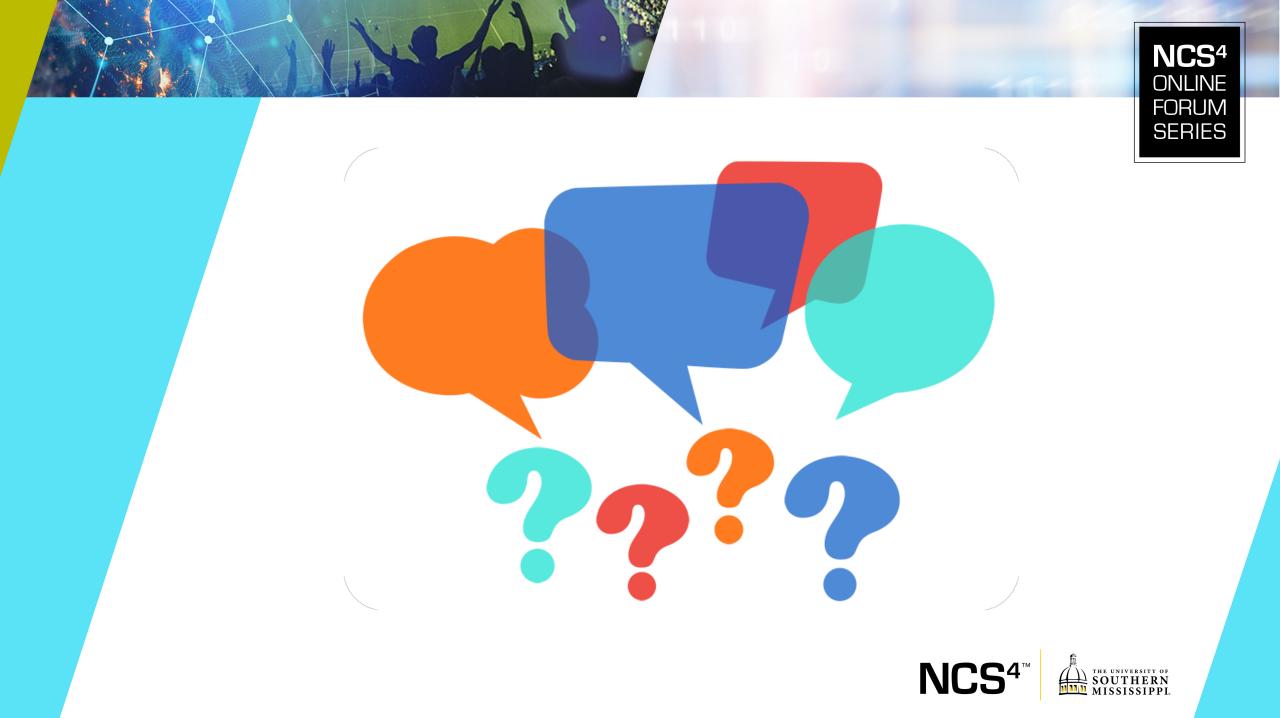
SUMMARY

Surface Disinfection for SARS-CoV-2

- Surface disinfection is important to control the spread of COVID-19.
 - High viral loads potentially means large numbers of viruses on surfaces.
 - SARS-CoV-2 can exist on surfaces for hours or days likely because it is protected by soil/organic loads and bodily fluids.
 - Heat and sunlight will likely not be an important factor to minimize COVID-19 spread.
- It is important to select a disinfectant that is EPA-registered for the pathogen of interest.
- Not all disinfectants are the same Disinfectants have different levels of efficacy and other properties that must be considered - A high efficacy is important for SARS-CoV-2.
- The level of soil/organic loading and the ability to penetrate bodily fluids is an important consideration for the selection of a disinfectant.
- The application method is important for success.
- A dynamic disinfection plan should be developed and implemented for a facility following a rigorous process. Avoid the "one size fits all" approach.

Facilities should consider continuing disinfection operations after COVID-19 to improve public health and safety.





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